

# READY ALL, ROW!



UVRF's Newsletter

Mid-May, 2025

## UVRF'S 2025 Season is Good to Go

### - NEWS FLASH - Kendal Dock Monitors will start in early June

June 2 - 11: MWF 7 to 9 am  
Chuck Nagle (thanks, Chuck)

June 12 start:  
MWF 6 - 9 am Graham Kelly  
TTh 6 - 9 am Ada Calaway  
Sat 7 - 10 am Ada Calaway

Afternoon Volunteers needed  
MTWThF 5:30 - 7:30 pm  
June & July [Sign up](#) (ctrl/alt)  
August & Sept [Sign up here](#)



(L) There's nothing like rowing at sunrise to start rowing season. Coach Linda Muri took this shot of the 6 am Women's Team.

(Below) Building the Fuller dock and rowing it into place for members who keep boats on the Dartmouth Boathouse campus is a team sport each spring.

(Below) Coxswain Charli Swan brings home a victorious 4+ at the UVRF Juniors' regatta on May 17.  
(Farther below) UVRF Parents keep the teams well fed—really well fed..



### May 31 - ALL-CLUB SEASON KICKOFF

7:30 - Never raced? Put your name in the hat & hop in to join a Juniors/Masters crew in a fun big boat race.

9:00 - Open rowing.

10:00 - Bring something wonderful to the Pot-Luck Brunch; we'll bring coffee.

**We need volunteers!**  
[Click to sign up to help](#)

### June 7 - NATIONAL LEARN-to-ROW DAY

It's the perfect way for anyone 18 & up to find out what rowing is like, whether you're a parent of a junior, a friend of a rower, or if you've just been intrigued by the beauty of it all.

9 to Noon, Kendal Riverfront Park, 84 Lyme Rd, Hanover

Reserve a space: [Click here](#)

### Learn-to-Scull Sold Out

Every one of the 11 Learn-to-Scull Clinics is fully subscribed, according to Program Chair Martha Beatlie. Check the website to see if more clinics have been scheduled.

### Sweep Programs Summer Sign-ups

Early morning Adult Sweep  
MWF - Men at 5:30am, Women at 6:00am, starts June 10

Coed Experienced Sweep  
Rowers TTh at 5:30pm, starts June 10

Coed Novice Sweep (little or no experience) MWF at 5:30pm, starts June 9

CRew for those w/cancer diagnosis ever; see the website.

### CAUTION: The water's only about 50°

Junior Race Teams, Middle Schoolers, and the Men's & Women's morning Sweep groups have been on the river all month, with coaches and life jackets at the ready, and a few experienced, toe-certified rowers are out on calm mornings in quads and privately owned singles and doubles. But everyone else is waiting for the Kickoff on May 31, warmer weather, and the dock monitors arrival. **Spring Rowing** can be challenging: Check the flow rate: [Link](#)  
Here are some reminders as you get ready to start your season: :

**UVRF requirements of all members who row:**

**Swim Tests** required every 5 yrs: June 4, June 18, July 2 @ 6-7 pm

**SafeSport Certification** is required of all Kendal rowers

**Watch the USRowing Safety video** - Required each year

**THANKS to the Adults, Juniors, CRewbies, & Coaches who made EVERY spring workday a great success!**