

READY ALL, ROW!

What a GREAT Season Celebration!

We ate, got to know each other better, swept, sculled, supported Alzheimer's efforts, looked toward Head of the Charles & the off-season



Dmitriy Kim photos

Kendal Park was packed with UVRFers all morning on September 28—Juniors, Masters, Dartmouth women, and CREWbies, enjoying pot-luck brunch and the fun of rowing boats of every size about 4.800 meters to the Dartmouth dock, and another 4.800 back.

Huge thanks to And Morse and Kathy Harvard, the lead organizers, and to our coaches, including Erika Dade, Ala Piotrowski, Christine Perry, and Chuck Nagle.

Early morning program rows now start in the dark, afternoon rows end at dusk, racers are into head race season, and boats are being driven off to their winter hide-aways one-by-one.



Danger! It's cold on the river

Close to frozen air temps mean danger for rowers, from slick docks to life-threateningly cold water.

Water temps are consistently below 60 degrees—which means that capsizing will put you in serious danger of drowning.

The Safety Committee recommends that rowers wear life jackets (PFDs are in a box by the club singles), and don't row alone.

Rowers may not take club boats out before sunrise or after sunset, unless accompanied by a coach. Rowers who take private boats out in the dark must display lights and should wear bright clothing.

NH Ch'ships

UVRF's team came home from New Hampshire Championships loaded with medals:

M1x 40-49 Ryan Hickox 2nd; **M1x 60+** Roelof Versteeg 2nd; Tim Denny 4th; **W1x 70+** Liz Marshall 1st; **Jr M4+A** D. Viazmenski (stroke) 2nd; **Jr W4+A** E. Tesone (stroke) 2nd; **Jr W4+BCD** S. Jordan (stroke) 5th; **Jr M4+BCD** O. Osman (stroke) 4th; **MVet4+** Sean Whalen (stroke) 2nd; **MVet8+** Dylan Mroszczyk-McDonald (stroke) 1st; **WVet8+** Heather Shand (stroke) 2nd; **Jr W8+BCD** S. Thurston (stroke) 4th; **Jr M8+BCD** L. Puleo (stroke) 5th; **WVet 4+** Nell Beattie (stroke) 3rd; **Jr W8+A** B. Bornholdt-Collins (stroke) 3rd; **MVet4x** Joe Jones (stroke) 2nd; **WVet 4x** Debbie Han-nam (stroke) 2nd; **Jr 8+A** D. Viazmenski (stroke) 5th



Thank you, Coxes!!

Big thanks to coxswains who've steered us through the season: Men's Masters morning coxes Derek Co-sentino, Clare McIntyree, & Meghan O'hern; volunteers Karen Sluzenski & Margie Elsbeg; CREW cox Micah Achmoody and CREWbie Ellen Gitomer who learned to cox for the spring; Lucy Wilcox who—amazingly—coxed women's programs for six months plus several weeks for Juniors, and subbed in the evening!; Juniper Gillespie, who took Amy Sniffen's women's morning cox seat; Amy, who returned while completing her PhD at Dartmouth and who'll cox the women's 8 at the Head of the Charles. We hope scholastic coxswains Tirza Savellano, Beatrix Bornholdt Collins, Oliver Benedict, Aria Deeb, and others will be back next year.

Apologies if we've left anyone out, and big thanks to Donna Morris-Calvey, who created and took on the job of recruiting, coordinating, and scheduling coxes for all of our sweep programs, a big help to our coaches..